



# Kentucky Adventure Tour



The Kentucky Adventure Tour is a 900+ mile loop around the hills and mountains of southeastern Kentucky. It is about 40% rural narrow twisty paved roads with the rest being gravel, dirt roads and trails.

**STEP 1** Download any GPS App



**STEP 2** Download KAT enthusiast Jeff Stoess most current GPX File  
<https://www.facebook.com/groups/KentuckyAdventureTour>

**STEP 3** Upload KAT GPX File to GPS.

After downloading **4 x 4 GPX file**, go to **GAIA app** at top of the app press the (+) icon, press "**Import File**". The app will notify you when "all imports are complete". You will now be able to scroll and see the entire map overview of the KAT Trail.